ULTRA MARATONA ATLÂNTICA MELIDES - TRÓIA - 19/07/2015

Classificação Geral Masculino e Feminino

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	141	JOSE GASPAR	M	38	02:58:46	02:58:45	CLUBE DE ATLETISMO ODIMARQ
2	33	JOAO CRUZ	M	29	03:02:04	03:02:02	BEJA ATLÉTICO CLUBE
3	104	PAULO PINTO	M	46	03:07:38	03:07:38	X5 HEALTH CLUB
4	203	CUSTÓDIO ANTÓNIO	M	38	03:15:04	03:15:02	BEJA ATLÉTICO CLUBE
5	88	JOSE LOPES	M	49	03:18:50	03:18:49	CLUBE DE ATLETISMO ODIMARQ
6	207	VÍTOR CORDEIRO	M	51	03:28:06	03:28:04	ACPORTALEGRE/UTSM
7	225	ANTÓNIO AFONSO	M	45	03:31:26	03:31:24	CRALTURENSE
8	36	JOAO FERREIRA	M	37	03:31:51	03:31:45	ASSOCIAÇÃO GD ACADEMIA DO KORPO
9	156	SÉRGIO TOMÁS	M	37	03:32:40	03:32:39	CA BARREIRA
10	2	PATRICIA SERAFIM	F	31	03:33:01	03:32:57	BEJA ATLÉTICO CLUBE
11	53	JOSÉ CABRAL	M	56	03:33:39	03:33:38	INDIVIDUAL
12	82	SÉRGIO INÁCIO	M	33	03:37:12	03:37:10	INDIVIDUAL
13	57	JAIME LAMEGO	M	55	03:41:17	03:41:17	XTREME LEVEL
14	184	ARMANDO SOUSA	M	43	03:45:59	03:45:58	OS KOTAS
15	221	RODRIGO COSTA	M	50	03:49:02	03:48:59	AMIGOS PONTO FINAL
16	185	ANTONIO JORGE GONCALVES	M	45	03:49:46	03:49:45	OS KOTAS
17	69	HUGO BATISTA	M	40	03:50:36	03:50:31	ESCOLA SEC MONTE CAPARICA
18	206	EMÍLIO PAULINO	M	56	03:52:02	03:51:59	ACPORTALEGRE/UTSM
19	85	ANTONIO REBELO	M	43	03:52:49	03:52:44	LEGIONÁRIOS
20	149	JOÃO POÇAS	M	37	03:56:04	03:55:54	INDIVIDUAL
21	143	RUI LOPES	M	63	03:58:35	03:58:29	LEGIONÁRIOS
22	75	CARLOS EDUARDO LOURENÇO	M	46	04:00:07	04:00:02	ESCOLA SEC MONTE CAPARICA
23	42	ANTONIO MADEIRA	M	54	04:04:37	04:04:34	Clube de Praças da Armada
24	209	SERGIO LOURENÇO	M	56	04:04:47	04:04:43	ATHLETISME VISEU GENEVE
25	110	PEDRO VIEIRA	M	45	04:05:33	04:05:26	INDIVIDUAL
26	212	NUNO TINTIM	M	38	04:06:21	04:06:21	LEGIONÁRIOS
27	35	HUGO FREIRE	M	38	04:08:14	04:08:08	ASSOCIAÇÃO GD ACADEMIA DO KORPO
28	217	LUIS ALEXANDRE	M	40	04:08:52	04:08:51	ACR SANTA CITA
29	176	JOSE SERRANO	M	44	04:10:32	04:10:28	MONSANTO RUNNING TEAM
30	154	ANACLETO FAÍSCA	M	57	04:12:28	04:12:26	AREIAS DE SÃO JOÃO
31	56	CHANTAL XHERVELLE	F	47	04:12:54	04:12:53	XTREME LEVEL
32	66	VIRIATO DIAS	M	42	04:13:10	04:13:04	CTAD - TRILHOS DE CINFÃES
33	107	MÁRIO VIDEIRA	M	44	04:13:40	04:13:38	INDIVIDUAL
34	150	RUI MONTEIRO	M	49	04:14:23	04:14:20	ATLETISMO CLUBE PORTALEGRE /UTSM

ULTRA MARATONA ATLÂNTICA MELIDES - TRÓIA - 19/07/2015

Classificação Geral Masculino e Feminino

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
35	37	PAULO FERREIRA	M	39	04:18:06	04:18:01	ASSOCIAÇÃO GD ACADEMIA DO KORPO
36	31	DRAGOS ADRIAN BENEA	M	39	04:18:31	04:18:31	INDIVIDUAL
37	62	ANTONIO MALTEZ	M	62	04:18:40	04:18:36	INDIVIDUAL
38	205	JOSÉ ARAGÃO	M	52	04:18:47	04:18:45	SALAMANDRECOS
39	71	ARSÉNIO FERNANDES	M	60	04:21:20	04:21:19	INDIVIDUAL
40	76	JOAQUIM ANTUNES	M	59	04:21:53	04:21:49	ESCOLA SEC MONTE CAPARICA
41	186	JOSE PEDRAS	M	59	04:23:26	04:23:24	OS KOTAS
42	144	RUI PERICÃO DE ALMEIDA	M	45	04:24:42	04:24:36	LEGIONÁRIOS
43	73	FERNANDO SANTIAGO	M	54	04:24:51	04:24:50	INDIVIDUAL
44	92	PEDRO SANGUINO	M	32	04:25:54	04:25:48	INDIVIDUAL
45	59	DAVID SANGLAS SALINERO	M	45	04:28:01	04:27:59	INDIVIDUAL
46	228	CIRILO FORMIGA	M	60	04:28:36	04:28:33	O PRATICANTE / C.D. ASAS MILÉNIUM
47	213	JOÃO AGOSTINHO CARVALHO LOPES	M	57	04:28:46	04:28:44	RUN IS A GIFT
48	45	CARMEN SOFIA SILVA HENRIQUES	F	38	04:28:55	04:28:53	RUN IS A GIFT
49	43	MELCHOR SAIZ-PARDO DE BENITO	M	43	04:29:12	04:29:05	FFDR
50	146	GARCIA MONGE DANIEL	M	34	04:29:13	04:29:06	FFDR
51	86	JOSÉ BRITO	M	52	04:29:38	04:29:33	INDIVIDUAL
52	41	HENRIQUE MARTINS	M	54	04:29:56	04:29:49	INDIVIDUAL
53	84	RUI MARTINS	M	29	04:31:07	04:31:01	ASC VALE GRANDE
54	202	JOSE BORGES	M	39	04:31:32	04:31:27	OS COXOS
55	132	MIGUEL BAPTISTA	M	51	04:34:22	04:34:13	DECATHLON/OMEGA PHARMA
56	173	ANTONIO LOURO	M	41	04:34:47	04:34:46	INDIVIDUAL
57	98	ELÁDIO MANUEL	M	42	04:35:01	04:34:52	JAVALIS
58	105	NUNO FILIPE SILVA	M	39	04:35:09	04:35:01	CORRER LISBOA
59	91	NUNO GARRANA	M	37	04:36:58	04:36:54	AFDD-RUN CREW TRAIL MONTIJO
60	115	EDUARDO PINHEIRO	M	30	04:38:34	04:38:19	INDIVIDUAL
61	148	MANUEL DIAS	M	26	04:38:43	04:38:29	INDIVIDUAL
62	229	ANTÓNIO SOARES	M	49	04:41:46	04:41:43	O PRATICANTE / C.D. ASAS MILÉNIUM
63	158	JOSÉ MANUEL SOARES	M	41	04:43:10	04:42:48	TOU TOU RUNNING
64	95	RUI LAMY	M	38	04:44:06	04:43:51	RUNNERS DO TRAVESSEIRO
65	201	ABEL ASSEMBLANO	M	34	04:44:07	04:44:02	OS COXOS
66	38	JORGE SANTOS	M	44	04:46:40	04:46:35	ASSOCIAÇÃO GD ACADEMIA DO KORPO
67	122	JOSE PEDRO SEQUEIRA	M	38	04:47:06	04:47:01	INDIVIDUAL
68	64	LUIS OSORIO	M	52	04:50:51	04:50:49	AFIS/OVAR

ULTRA MARATONA ATLÂNTICA MELIDES - TRÓIA - 19/07/2015

Classificação Geral Masculino e Feminino

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
69	89	DAVID BARÃO	M	35	04:50:51	04:50:43	INDIVIDUAL
70	121	VITOR LEBRE	M	40	04:53:00	04:52:55	INDIVIDUAL
71	170	PAULO MORÃO	M	53	04:53:23	04:53:19	INDIVIDUAL
72	147	JOÃO MÁRIO COSTA	M	55	04:54:33	04:54:32	INDIVIDUAL
73	68	ANDRÉ CASTRO	M	41	04:57:25	04:57:16	DESNÍVEL POSITIVO
74	125	LUIS PEDRO NUNES	M	39	04:58:58	04:58:50	INDIVIDUAL
75	109	RICARDO TEIXEIRA	M	36	05:01:04	05:00:52	TRAILISTAS "EU É QUE SEI!"
76	215	DANIEL COSTA	M	27	05:01:04	05:00:51	INDIVIDUAL
77	178	FERNANDO BEIJINHA	M	65	05:01:29	05:01:26	G.D.R. SÃO FRANCISCO DA SERRA
78	180	RUI FREITAS	M	62	05:01:54	05:01:54	G.D.R. SÃO FRANCISCO DA SERRA
79	155	JOSÉ BARROCO	M	56	05:02:41	05:02:33	ASC VALE GRANDE
80	192	ANDRÉ PATO	M	39	05:09:03	05:08:50	INDIVIDUAL
81	65	ANALICE SILVA	F	71	05:10:35	05:10:35	O MUNDO DA CORRIDA
82	216	PEDRO PIRES	M	50	05:12:20	05:12:08	Associação de Atletismo Lebres do Sado
83	230	NUNO LUCAS	M	42	05:13:04	05:13:00	O PRATICANTE / C.D. ASAS MILÉNIUM
84	152	ANTÓNIO TEIXEIRA	M	46	05:14:01	05:13:49	INDIVIDUAL
85	157	ELENA IABANJI	F	48	05:14:14	05:14:14	ASC VALE GRANDE
86	127	ANDRÉ PIRES	M	28	05:15:08	05:14:59	CCDL
87	199	GASTAO SOUSA	M	46	05:15:21	05:15:11	FKC - A TEAM
88	171	NUNO MIGUEL CORREIA	M	48	05:18:14	05:18:04	GDINE
89	52	PAULO VILAÇA	M	51	05:19:27	05:19:24	TUGAS NA ESTRADA
90	118	AVELINO FARIA	M	48	05:19:43	05:19:30	TRAILISTAS "EU É QUE SEI!"
91	231	INÊS MARQUES	F	38	05:19:43	05:19:28	99 PROVAS GRATUITAS
92	134	HELDER TOMÉ	M	45	05:21:47	05:21:35	O MUNDO DA CORRIDA
93	188	JOSÉ MAÇARRIA	M	54	05:23:24	05:23:14	MARESIA BAR
94	44	PAULO ALEXANDRE SANTOS	M	32	05:24:40	05:24:30	INDIVIDUAL
95	34	NUNO SOUSA	M	38	05:24:47	05:24:37	INDIVIDUAL
96	74	RENATO CARVALHO	M	39	05:25:58	05:25:36	ADCR POLÍCIA JUDICIÁRIA
97	232	PEDRO MIGUEL CARVALHO ANTÃO	M	39	05:26:37	05:26:29	GRANDOLA TRAILERS
98	128	TIAGO DIONISIO	M	41	05:27:49	05:27:35	CLUBE DO STRESS
99	70	JOAO ASSIS CABELEIRA	M	42	05:27:50	05:27:36	CLUBE DO STRESS
100	223	MIGUEL M CAMPOS	M	41	05:27:50	05:27:36	INDIVIDUAL
101	179	MÁRIO MATOS	M	28	05:28:08	05:28:05	G.D.R. SÃO FRANCISCO DA SERRA

ULTRA MARATONA ATLÂNTICA MELIDES - TRÓIA - 19/07/2015

Classificação Geral Masculino e Feminino							
Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
102	72	PEDRO FERREIRA	M	44	05:28:19	05:28:12	INDIVIDUAL
103	129	ANTÓNIO RUI MERUJO	M	56	05:30:33	05:30:25	INDIVIDUAL
104	165	NUNO JOSÉ COSTA	M	42	05:30:54	05:30:37	SS CGD
105	112	JORGE SILVA	M	44	05:31:30	05:31:26	INDIVIDUAL
106	108	RUI SIMPLICIO	M	44	05:31:30	05:31:21	BUNKER\S
107	135	JOSÉ CABRAL	M	58	05:31:31	05:31:27	ESCOLA SEC MONTE CAPARICA
108	126	RICARDO SILVA	M	40	05:31:32	05:31:29	TUGAS NA ESTRADA
109	183	CARLOS AZEVEDO	M	48	05:32:28	05:32:22	MONTEPIO
110	235	RUI SANTOS	M	37	05:33:01	05:32:51	INDIVIDUAL
111	169	JOÃO ANJOS	M	52	05:33:04	05:33:00	INDIVIDUAL
112	77	ANA AMARO	F	40	05:33:09	05:32:52	TEAM BAÍA DO SEIXAL
113	78	JOSÉ AMARO	M	40	05:33:09	05:32:53	TEAM BAÍA DO SEIXAL
114	32	ADRIANA NISTOR	F	40	05:35:26	05:35:06	INDIVIDUAL
115	124	ANTONIO MARQUES	M	54	05:37:57	05:37:55	INDIVIDUAL
116	196	PAULO TRINDADE	M	41	05:39:17	05:39:05	O MUNDO DA CORRIDA
117	151	ANA MARGARIDA LOPES	F	44	05:40:59	05:40:43	INDIVIDUAL
118	81	PAULO VALENTE	M	54	05:41:01	05:40:49	TRAILISTAS "EU É QUE SEI!"
119	159	MARTA ANDRADE	F	40	05:43:01	05:42:47	TREINO EM CASA
120	83	HUMBERTO ALMEIDA	M	41	05:43:28	05:43:20	CTAD - TRILHOS DE CINFÃES
121	50	PAULO ALVES	M	44	05:46:16	05:46:12	INDIVIDUAL
122	80	ISABEL ARAUJO	F	49	05:49:10	05:48:51	INDIVIDUAL
123	114	LUIS PEDRO NOGUEIRA	M	45	05:49:10	05:48:49	ALL ABOUT
124	54	NUNO LOPES	M	37	05:49:12	05:49:06	INDIVIDUAL
125	204	MELVIN DUARTE	M	29	05:49:23	05:49:13	INDIVIDUAL
126	55	HEITOR GOMES	M	43	05:49:37	05:49:18	GEORUNNERS
127	67	PEDRO JOSÉ LOPES MADEIRA	M	39	05:49:50	05:49:40	INDIVIDUAL
128	58	JOSÉ COSTA ALVES	M	45	05:51:00	05:50:48	INDIVIDUAL
129	101	CARLOS FACHADA	M	45	05:53:26	05:53:09	INDIVIDUAL
130	133	LUIS SANTOS	M	50	05:53:49	05:53:37	Associação de Atletismo Lebres do Sado
131	233	RICARDO NASCIMENTO	M	30	05:54:26	05:54:15	CONTA-KILOMETROS

ULTRA MARATONA ATLÂNTICA MELIDES - TRÓIA - 19/07/2015

Classificação Geral Masculino e Feminino

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
132	174	FERNANDA FRANÇA	F	42	05:55:15	05:55:04	CLUBE OGMA
133	175	JOAQUIM BEXIGA	M	47	05:55:16	05:55:05	CLUBE OGMA
134	94	AURELIO QUIAIOS	M	39	05:55:44	05:55:29	RUNNERS DO TRAVESSEIRO
135	236	ANTONIO HORTEGA	M	52	05:57:37	05:57:13	INDIVIDUAL
136	172	DANIEL RAMOS	M	38	05:59:22	05:59:07	JOBRINDE - MONTES SALOIOS
137	106	ALEXANDRE LOPES	M	31	06:03:59	06:03:52	INDIVIDUAL
138	210	LINA BESADA	F	40	06:05:40	06:05:40	INDIVIDUAL
139	140	MÁRCIO SILVA	M	30	06:06:01	06:05:53	INDIVIDUAL
140	193	ANABELA SANTOS	F	41	06:06:20	06:06:10	INDIVIDUAL
141	190	MÁRIO SOARES	M	56	06:08:15	06:07:53	INDIVIDUAL
142	167	TIAGO AVELÃS	M	40	06:09:03	06:08:47	SS CGD
143	40	NICK GROUNDWATER	M	39	06:09:37	06:09:22	INDIVIDUAL
144	194	FERNANDO ANDRADE	M	60	06:10:22	06:10:16	AÇOREANA CLUB BANIF
145	119	CARLA SILVA	F	44	06:10:51	06:10:41	INDIVIDUAL
146	111	INÊS PEIXOTO	F	37	06:14:25	06:14:16	INDIVIDUAL
147	220	ROGÉRIO PAULO MOTA	M	47	06:14:26	06:14:13	Associação de Atletismo Lebres do Sado
148	93	MIGUEL CARDOSO	M	37	06:14:28	06:14:19	INDIVIDUAL
149	153	JORGE PEREIRA	M	60	06:14:32	06:14:32	LEGIONÁRIOS
150	51	FÁTIMA GERALDES	F	45	06:15:59	06:15:55	TUGAS NA ESTRADA
151	90	CARLOS MANUEL SANTOS	M	63	06:16:04	06:15:59	RAIL RUNNERS
152	120	JOÃO SILVA	M	42	06:21:01	06:20:40	INDIVIDUAL
153	100	MIGUEL AZEVEDO	M	44	06:21:41	06:21:22	INDIVIDUAL
154	163	JOSÉ SEVERINO ROSA	M	59	06:21:48	06:21:31	SS CGD
155	30	JOSE ANTONIO FERNANDEZ	M	57	06:31:07	06:31:07	ASALTAMONTES OURENSE
156	177	ERMELINDO NUNES	M	58	06:33:17	06:33:16	G.D.R. SÃO FRANCISCO DA SERRA
157	96	TIAGO MAGALHAES	M	36	06:37:47	06:37:32	RUNNERS DO TRAVESSEIRO
158	145	JOÃO PEREIRA	M	32	06:39:49	06:39:23	GDCAPS
159	113	FERNANDA ALVES	F	42	06:42:08	06:41:46	ALL ABOUT
160	200	ALIRIO RODA	M	63	06:43:15	06:43:05	INDIVIDUAL
161	219	PAULO JORGE DOS SANTOS	M	46	06:45:56	06:45:43	Associação de Atletismo Lebres do Sado

ULTRA MARATONA ATLÂNTICA MELIDES - TRÓIA - 19/07/2015

Classificação Geral Masculino e Feminino

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
162	139	MANUEL BELTRÁN GUTIÉRREZ	M	56	06:47:09	06:47:09	INDIVIDUAL
163	79	CARLOS GUERRA	M	44	06:47:26	06:47:23	INDIVIDUAL
164	160	ANTÓNIO CORDEIRO	M	42	06:49:46	06:49:46	INDIVIDUAL
165	237	PAULO TOMAS	M	38	06:52:55	06:52:35	INDIVIDUAL
166	234	ERIH THIMM	M	64	06:52:56	06:52:39	INDIVIDUAL
167	191	MALIKA SAYAD	F	39	06:52:56	06:52:45	RUNNING CLUB BERVILLE
168	137	VASCO MURTA REBELO	M	49	06:59:22	06:59:07	SCI-MX NUTRITION / CUCA RUNNERS
169	136	FRANCISCO SANCHES-OSÓRIO	M	49	06:59:24	06:59:08	SCI-MX NUTRITION / CUCA RUNNERS
170	195	SÉRGIO CAJADO	M	41	07:00:40	07:00:40	AÇOREANA CLUB BANIF
171	224	ORLANDO SEBASTIÃO	M	48	07:05:46	07:05:43	CRALTURENSE
172	227	GONÇALO TRINDADE DE MATOS	M	35	07:09:11	07:08:59	INDIVIDUAL
173	142	JOÃO FRANCO	M	61	07:09:18	07:09:12	C.A. AMIGOS PARQUE DA PAZ
174	168	MARCO CACHINHO	M	35	07:10:07	07:09:46	INDIVIDUAL
175	187	JOÃO RICARDO DUARTE	M	40	07:19:27	07:19:07	INDIVIDUAL
176	166	PAULO BAILÃO	M	44	07:19:28	07:19:09	SS CGD
177	162	CRISTIANA ALMEIDA	F	51	07:27:48	07:27:30	SS CGD
178	161	ANDRÉ NORONHA	M	50	07:27:48	07:27:30	SS CGD
179	226	JOSÉ FRAGA	M	39	07:29:10	07:28:59	INDIVIDUAL
180	138	BRUNO CLARO	M	34	07:40:32	07:40:15	CORRER LISBOA